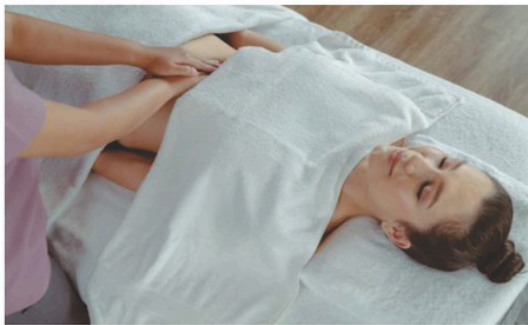




## AMATARA WELLNESS PROMOTIONS

Recharge & Revive yourself with our spa & wellness offerings



- **Enjoy 40% off on our colon hydrotherapy for the first time trial**

It's time to clean your body with colon hydrotherapy. Colonics are a gentle, safe effective way to reduce constipation, assist with weight loss, increase energy and concentration, speed up metabolism, decrease gas and bloating, help alleviate acne problems and improve immune system.



- **Enjoy special offers on spa and wellness treatments**

Enjoy 20% discount on any a la carte spa and wellness treatments. (Amatara Half Day or Amatara Delight Package, Fitness Movement Group Class and Creative Wellness Activities are not included)

- **Indulging Couple Treats at THB 6,800 net per couple**

(original price THB 9,180 net) for 90 minutes, choose from:

- Signature of Amatara massage
- Reaching into the deep muscles massage
- Individually focused and intuitive massage
- Relaxing Lavender therapy massage
- Candle Massage



- **Fit & Firm Achieve better posture, burn fat, build lean muscle, and tone your body**

- Buy 1 Personal Training (PT) session: Get 1 complimentary group wellness activity.
- Buy 2 PT sessions: Get 2 complimentary group wellness activities.
- Buy 3 PT sessions: Enjoy unlimited group wellness activities throughout your stay.

**Terms & Conditions:** These promotions are valid from now – 31 January 2025 • These promotions cannot be used in conjunction with any other promotions, Amatara Half Day or Amatara Delight Package, spa discounts, spa credit or spa voucher. • An advance reservation is highly recommended to avoid the disappointment at [spa@amatara.com](mailto:spa@amatara.com) or call the spa reception (7710,7711)