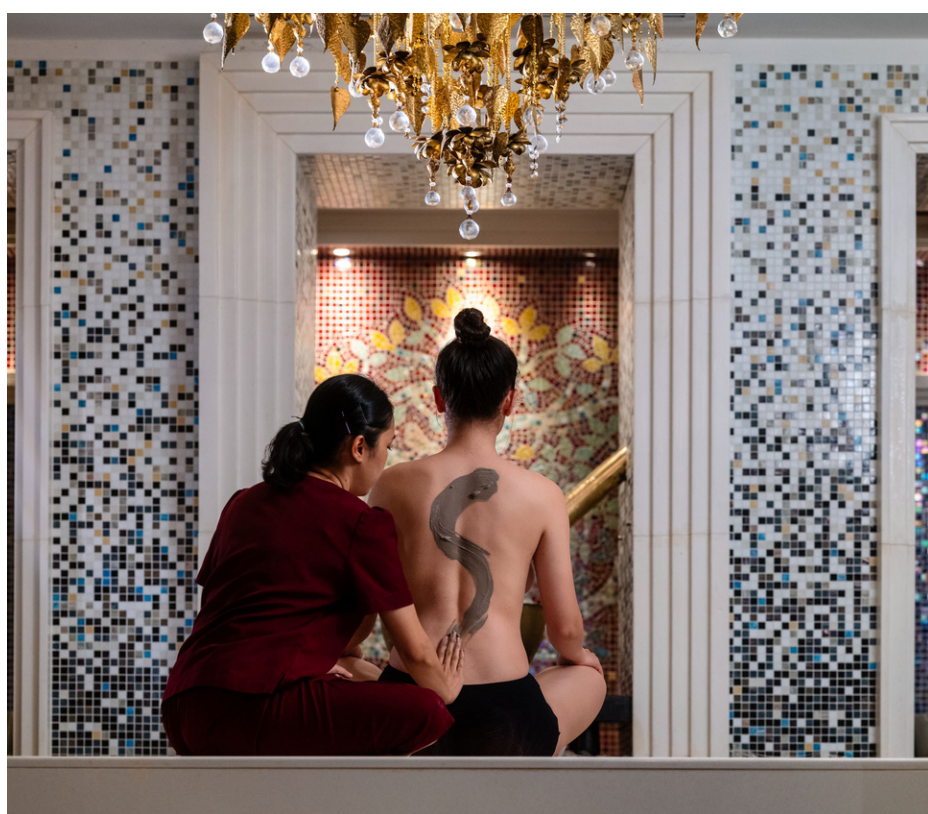




## WELLEISURE JOURNEY



### Enhance your holiday with our Welleisure Journey

This Welleisure Journey is designed for the individual who would like to experience the experience of Amatara' Wellness and Leisure activities all together during their stay and discover the world class holistic and signature wellness treatments with rejuvenating physical activities.

Have a blissful and refreshing break with a perfect combination of Wellness & Leisure holidays in one go.

#### Wellness Classic

THB 10,550.-/person

- Wellness consultant (15 minute )
- Body composition analysis ( 15 minutes)
- 2 choices of Essential of Amatara Massage (90 minutes)
- 2 choices of wellness activities group class (50 minute )
- 2 Healthy cuisine meal choose between lunch or dinner (1 starter, 1 main dish) and 1 healthy raw juice per meal

#### Wellness Deluxe

THB 22,900.-/person

- Wellness consultant (15 minute )
- Body composition analysis ( 15 minutes)
- 2 choices of Essential of Amatara Massage (90 minutes)
- 1 'Chi Nei Tsang' Detoxifying Abdomin Massage (60 minute )
- 1 Colon Hydrotherapy (60 minutes)
- 3 Wellness activities group class (50 minutes)
- 1 Private movement class (50 minutes)
- 3 Healthy cuisine meal choose between lunch or dinner (1 starter, 1 main dish) and 1 healthy raw juice per meal

#### Wellness Premium

THB 35,900.-/person

- Wellness consultant (15 minute )
- Body composition analysis ( 15 minutes)
- 4 choices of Essential of Amatara Massage (90 minutes)
- 1 Thai Hammam Journey (105 minutes)
- 1 healthy cuisine cooking class (60 minutes)
- 2 Private movement class (50 minutes)
- 5 classes of wellness activities - join group class (50 minute )
- 5 Healthy cuisine meal choose between lunch or Dinner (1 starter, 1 main dish) and 1 healthy raw juice per meal
- A trip of Phuket City Tour: Big Buddha & Wat Chalong (Taxi)/ Recommendation by 'Guest Service Team'

For more information and advance reservation, please contact Wellness Center's Reception at [spa@amatara.com](mailto:spa@amatara.com)

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